



**PASTA, FROM
THE FUTURE
WITH CARAMELIZED
ONIONS** {page 17}



**THE WILDS OF MIAMI
ARE CALLING
AND NO, WE DON'T
MEAN NIGHTLIFE** {page 15}

**GREEN SPACE
NEW VISION
FOR SOUTH
BANK STREET**

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OTTAWA

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Wednesday, February
29, 2012

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WESTJET

Cop killed for his gun: Crown

► Former RCMP officer confessed to stabbing in police interview, Crown tells jury ► Gregson also charged with robbery in connection with carjacking ► Victim and accused did not know each other: Crown



**JESSICA
SMITH**
@METRONEWS.CA

Const. Eric Czapnik died because Kevin Gregson wanted a gun and went looking for a policeman to steal one from, Crown lawyers told jurors Tuesday.

"Any officer would do," said prosecutor Meaghan Cunningham in an opening address outlining how the Crown intends to prove first degree murder.

Czapnik, an Ottawa cop, was filling out forms in his cruiser at the Ottawa Hospital Civic Campus ambulance bay when Gregson stabbed him around 4:30 a.m. Dec. 29, 2009, she said.

Paramedics were nearby. "Moments later, they were running to the parking lot and they were pulling this man off a uniformed police officer who was bleeding profusely from wounds to the neck," she said. "The paramedics managed to gain control of Kevin Gregson. They took the knife out of his hand."

"Const. Czapnik's life could not be saved," she continued.

Gregson's history as a Mountie and "troubled relationship with the RCMP," will be part of the case, she said.

Cunningham said the Crown intends to show a video of Gregson telling police he stabbed Czapnik because he wanted a gun.

That has not yet been proven in court, but the defence is not disputing that Gregson stabbed Czapnik.

Gregson's lawyer Craig Fleming has not yet outlined his client's defence.

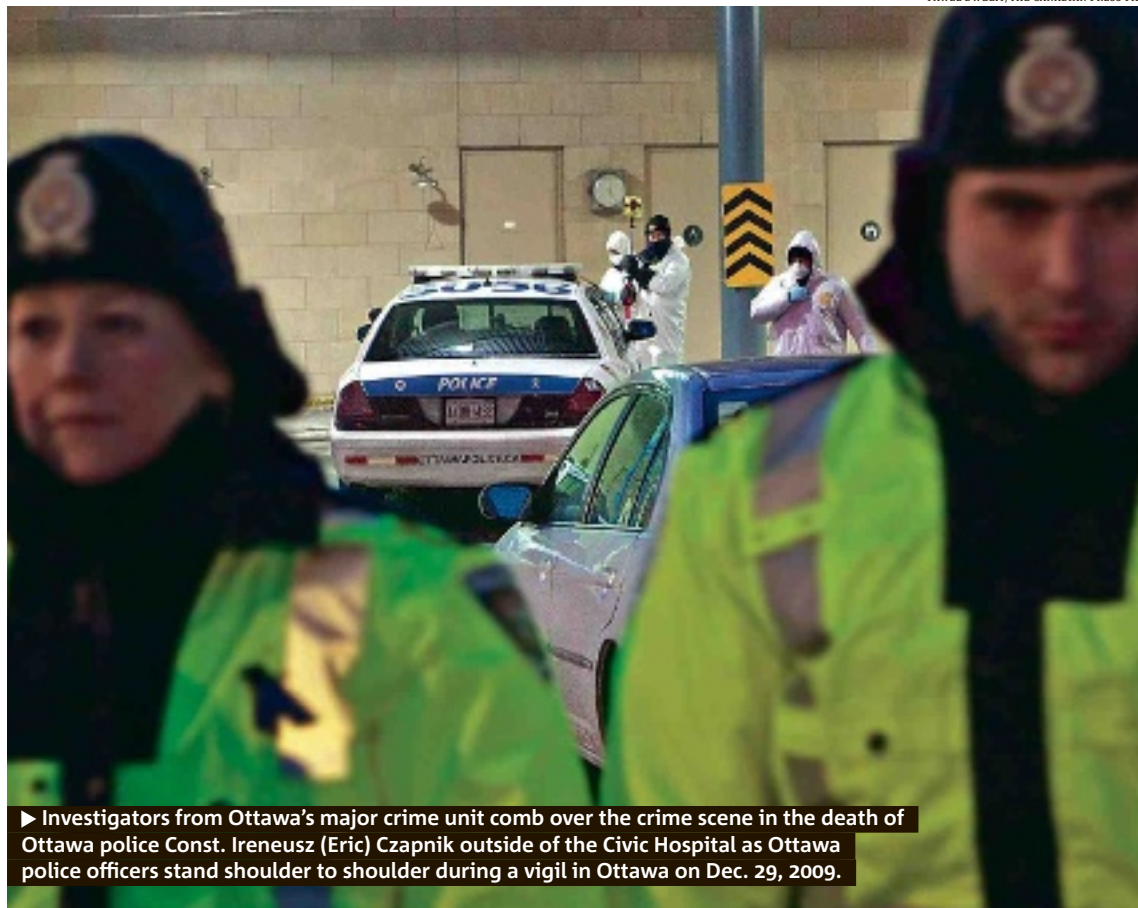
The first witness, Const. Reinhard Lechleitner, was at the hospital when Czapnik was stabbed.

He said he found Gregson, already handcuffed by paramedics, in the back of Czapnik's cruiser. He said Gregson told him, unprompted and without expression, "I'm the one who carjacked two people earlier today."

Gregson is accused of stealing the car he drove to the hospital.



For more local news, visit
metronews.ca/ottawa



► Investigators from Ottawa's major crime unit comb over the crime scene in the death of Ottawa police Const. Ireneusz (Eric) Czapnik outside of the Civic Hospital as Ottawa police officers stand shoulder to shoulder during a vigil in Ottawa on Dec. 29, 2009.

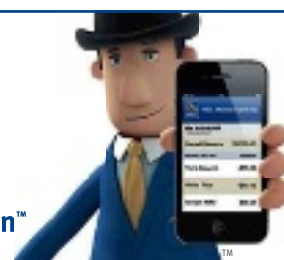


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1 news



An upcoming Lady Gaga visit is spurring pressure on Harvard to confer posthumous degrees on students expelled for being gay or perceived as gay. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at
metronews.ca

Every four years, the universe plays a game of catch-up by adding a bonus day. Leap years explained at metronews.ca/video



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Gatineau man arrested in child-porn bust

Police arrested a 29-year-old Gatineau man Tuesday morning in a child-porn bust in Quebec that has alleged ties to a 2010 investigation in the Netherlands.

Sgt. Genevieve Bureau of the Quebec provincial police said police arrested the man at his home just before 8 a.m. Police also arrested a 56-year-old man from Montreal, a 60-year-old man from St-roch-de-l'achigan, and a 47-year-old man from Quebec City.

The Gatineau man faces charges of production, possession and distribution of child pornography, she said.

Police are also seeking a fifth suspect.

The five accused are allegedly linked to a global child-porn ring that is alleged to be orchestrated by Amsterdam daycare worker Robert Mikelsons, who was arrested there in December 2010.

Quebec police started their own investigation after Amsterdam police notified them in December 2011 of a possible connection.

"It was after they analyzed his computer that they found out that the five Quebecers were part of the link," said Bureau.

Police are investigating the Gatineau man's computers for evidence.

"With those results we may be able to arrest other persons or accuse them of something else," said Bureau. **THE CANADIAN PRESS**

Iqaluit. Blaze



► Firefighters work on putting out a fire in Iqaluit, Nunavut, on Monday. Some Ottawa residents were organizing a donation drive for the victims on Tuesday. Mary Ellen Thompson, executive director of the Nunavut Research Institute, said donors should contact the Canadian Red Cross and mention the Iqaluit immediate response.

SARAH ROGERS/NUNATSIAQ NEWS/THE CANADIAN PRESS

Local residents offer support for fire victims

Nothing wrong with calling voters to ask for support: MP

► Conservative MP Royal Galipeau stands behind his use of telephone-marketing company's services



JOE LOFARO
@METRONEWS.CA

Amid reports a call centre may have misdirected voters in some ridings, a local MP says he hired the firm for legitimate purposes.

Conservative MP Royal Galipeau said his federal-election campaign staff used Responsive Marketing Group (RMG) to identify supporters.

"It was intended to identify voters to ask them if they supported me," said Galipeau Tuesday. "If they support me, of course, we want to encourage them

vote. If they don't support me, we let them go."

He said his staff encouraged people to vote, noting that about 74 per cent of people in his riding cast a ballot in the last federal election.

"We work with absolute correctitude and my staff works properly, my volunteers work properly," added Galipeau.

A former employee of RMG told the Toronto Star that — based on feedback received from callers — she and other live operators were sending people to the wrong polling stations. She did not say in which ridings

that happened.

Galipeau paid \$15,000 to RMG on March 28, 2011, according to Elections Canada financial reports — reports publicized in a press release distributed yesterday by the Ottawa-Orleans Federal Liberal Association.

Ottawa-Centre Tory candidate Damian Konstantinakos paid \$6,328 to the firm and Pierre Lemieux, MP for Glengarry-Prescott-Russell, paid \$8,213.

David Bertschi, Liberal candidate for Ottawa-Orleans, said he notified Elections Canada on April 19 of more than 35 complaints from the riding about

callers purporting to be from the elections agency and the Liberal party.

"If that call centre was telling people they were calling from Elections Canada and their poll changed, and their poll had not (in fact) changed, and it was targeted into Ottawa-Orleans, then you can draw the conclusions," said Bertschi. "Voting counts."

He added that it is "glib" of anyone to say that withholding a person's right to vote is not important.

RMG could not be reached for comment.

More coverage {page 4}



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FREE ADMISSION

SEAN MCKIBBON/METRO



► Cars travel along a section of Bank Street south of Billings Bridge in one of the areas that city planners say could be revitalized under a new community-design plan.

Make south end of Bank a green boulevard: Plan

- **In:** Trees, benches, wider sidewalks for pedestrians
- **Out:** Parking lots separating buildings from street

Adding a light-rail station at Walkley Road, encouraging dense development and putting cycling lanes on Bank Street are part of a plan to revitalize the main street's south end.

A proposal to refresh 3.2 kilometres of Bank Street between Riverside Drive and Walkley Road received resounding support on Wednesday from city councillors who sit on the planning committee.

The Bank Street community-design plan creates a vision for an area of just over 100 hectares that many councillors said they feel has been forgotten.

"Staff has tidied up what is a very messy part of the city with this plan," said River Coun. Maria McRae. It's a community that's ripe

Bank job

The plan calls for:

- **Pedestrian and cycling links.**
- **Left-turning lanes to be removed to make way for a landscaped median.**
- **A major makeover of Billings Bridge Shopping Centre.**
- **22-storey office towers near the transit station.**
- **A new park to be built on the old CN railbed, running north-south from around Randall Avenue to Brookfield Road.**

for improvement, McRae said, applauding city planners' willingness to add the Walkley area to the design plan.

The area surrounding Walkley Road is one of three "nodes" slated for dense development in the next 20 years. Intensifying the Billings Bridge area and the shopping centre is also on the list, as is a hub at Heron Road. Buildings up to 16 storeys high (50 metres) would be allowed at those spots.

One of the councillors for the area, Capital Ward's David Chernushenko, said the plan does what community-design plans are meant to do: offer a framework for an area that's on the brink of transformation.

"It's always felt separated from the retail on Bank Street," Chernushenko said. "This is a chance to bring it back together."

TORSTAR NEWS SERVICE

News in brief

Man sets house on fire

BARRICADES SELF INSIDE. A 50-year-old man assaulted someone, then barricaded himself in a house that he proceeded to set on fire Tuesday night, police say.

Firefighters doused the blaze, but not before it caused \$150,000 in damage. Police said the incident began when they responded to a disturbance around 100 Hillside Dr. Anyone with information is asked to contact

police at 613-236-1222 ext. 5166, or Crime Stoppers at 613-233-8477.
● METRO

Teens charged in driver assault

BUS DRIVER ATTACKED. Police say an OC Transpo bus stopped along Uplands Drive early Tuesday to allow passengers off and, as passengers were leaving, the bus driver was attacked by two teenagers.

Hachem Mahdi, 18 and Dylan Sardinha, 19, both of Ottawa, are charged jointly with theft, assault, and assault

with a weapon. ● METRO

Woman beaten, groped

REFUSED OFFER OF RIDE. A 41-year-old woman was sexually assaulted on Riverside Drive near Billings Bridge early Saturday, police say. The suspect is described as a thin Middle Eastern man, 30 to 40, six-foot-three, with thick sideburns and a thin line of facial hair along his jaw. Police say he drove a silver 2000 Mercury Cougar with a burgundy interior. Call police with tips at 613-236-1222, ext. 5944. ● METRO

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Robocall probe leads to fake name

► **'Pierre Poutine' made calls to Edmonton-based RackNine, the Tory-linked firm at centre of scandal**

Court documents show a cellphone in the robocalls affair was registered to Pierre Poutine of Separatist Street in Joliette, Que.

Elections Canada's chief investigator says the clearly fake name was likely used to cover the tracks of whoever was behind misleading and harassing calls to voters in Guelph in the last federal election.

Voters in Guelph reported getting calls from a phone number with a 450 area code directing them to the wrong polling station.

Elections Canada investigator Al Mathews obtained phone records showing the number behind the Guelph calls was

Tory trouble

► The market-research industry's watchdog is launching an investigation into a Tory pollster involved in an alleged misinformation campaign against Liberal MP Irwin Cotler.

► Campaign Research was behind a phone campaign last fall in Cotler's Montreal riding, in which constituents complained they were falsely told their MP was about to or had resigned and that a byelection was imminent.

the same one registered to "Pierre Poutine."

The phone records also show the number regis-

tered to Pierre Poutine twice called Edmonton-based RackNine Inc., on April 30 and May 1.

The claims, which have not been proved in court, are laid out in an Information to Obtain a Production Order filed in an Edmonton court in November.

The records also show phones associated with Guelph Conservative candidate Marty Burke and the Guelph Conservative riding association made a total of 31 calls to RackNine between March 26 and early May.

RackNine has confirmed someone used its automated dialling service to make the phoney calls.

THE CANADIAN PRESS

Report slams Tory crime bill

Restricting conditional sentences is going to cost the provinces and territories almost \$140 million a year, produce fewer convictions and reduce the time offenders are under government supervision, says a report from the independent parliamentary budget officer.

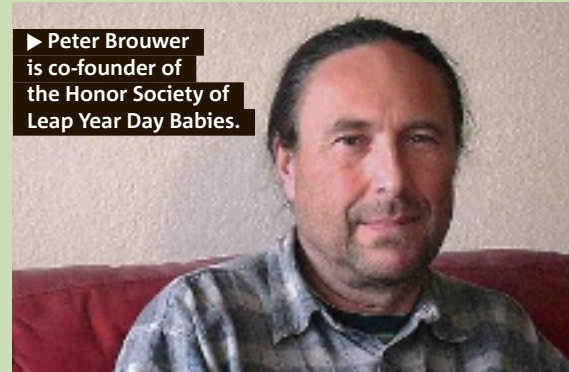
The 97-page study is a detailed and devastating critique of just one small aspect of the massive Conservative omnibus crime bill that is currently before the Senate.

Not only does the report predict a massive, unreported cost to provincial and territorial treasuries, it raises serious questions about the policy's effectiveness.

Justice Minister Rob Nicholson's office did not directly dispute the report's cost findings.

THE CANADIAN PRESS

► Peter Brouwer is co-founder of the Honor Society of Leap Year Day Babies.



'LEAP DAY SHOULD BE AN OFFICIAL CELEBRATION'

Today, Peter Brouwer is celebrating his 14th birthday. No, Brouwer isn't a precocious teenager who has overachieved in life — he's a 56-year-old man who only gets to celebrate his birthday every four years. The Vancouver resident, like some five million others across the globe, was born on Leap Day, Feb. 29.

Brouwer set up the group so that "leapers" could "share their differ-

ent experiences," and, in some cases, the frustration caused by the whimsical date.

"This day celebrates the fact that our seasons can arrive on time and in sync every year," Brouwer says. "The irony is that leap day is, yes, a chronological anomaly, but one that makes our calendar orderly. We should celebrate this."

● ANTHONY JOHNSTON/
METRO WORLD NEWS

"You Have Cancer"

In your lifetime, you or someone you know will hear those words. Megan did, at 17. **'Would You Like Your Cancer?'** is a candid memoir about a young girl facing cancer.

'Her descriptions are so vivid, as though I'm actually there with her at the hospital. She describes the day of her diagnosis down to the last detail and makes me feel every moment. Her book has the attention to detail of J.K. Rowling with 'Harry Potter' and all the soul of Jodi Picoult with 'My Sister's Keeper'.

— Z. Jama (Ottawa)



A portion of all proceeds will benefit cancer research through the Ottawa Hospital Foundation.

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RODRIGO ABD/THE ASSOCIATED PRESS



► The victims can only marvel at the debris. Their house in Sarmin, Syria, was destroyed in clashes between the Free Syrian Army and President Bashar Assad's forces on Tuesday. Residents say at least 14 people were killed.

Syria's envoy makes fast exit

► Denounces planned UN resolution as 'malicious and prejudiced' ► Then storms out of meeting room

First, he delivered a fiery speech that accused the United Nations Human Rights Council of promoting terrorism in Syria and prolonging the nation's bloodshed.

Then he stormed out of the emergency UN meeting in Geneva.

All of which earned Fayssal al-Hamwi, Syria's ambassador to the UN in Geneva, a tongue-lashing.

The United States said he demonstrated the

Tunisia's offer

► Tunisia's president, Moncef Marzouki, says he's ready to offer asylum to Syria's leader, Bashar Assad, in a bid to end the Syrian bloodshed.

"delusional" nature of President Bashar Assad's regime.

"I think it's a reflection to some extent of what's going on with the Assad

regime itself, holding a referendum that is farcical and a mockery of democratic processes when they're in the midst of a humanitarian crisis of their own creation," said Eileen Chamberlain Donahoe, the U.S. representative to the 47-nation council.

The global body now says more than 7,500 people have died in Syria's turmoil since March.

THE ASSOCIATED PRESS

CANADIANS ABOARD

Disabled cruise ship gets food

Helicopters ferried food and flashlights to more than 1,000 people, including 14 Canadians, stuck aboard a disabled cruise ship.

The Costa Allegra was being towed to the Seychelles Islands on Tuesday through waters prowled by pirates.

Cruise ship company

officials said the Costa Allegra could reach the main Seychelles island of Mahe by late Wednesday or early Thursday, depending on sea conditions.

The ship lost power Monday after a fire in its generator room, which knocked out power to the engines, the lights and air conditioning.

The drama comes six weeks after sister ship Costa Concordia hit a reef and capsized off Italy, killing 25 people and leaving seven missing and presumed dead.

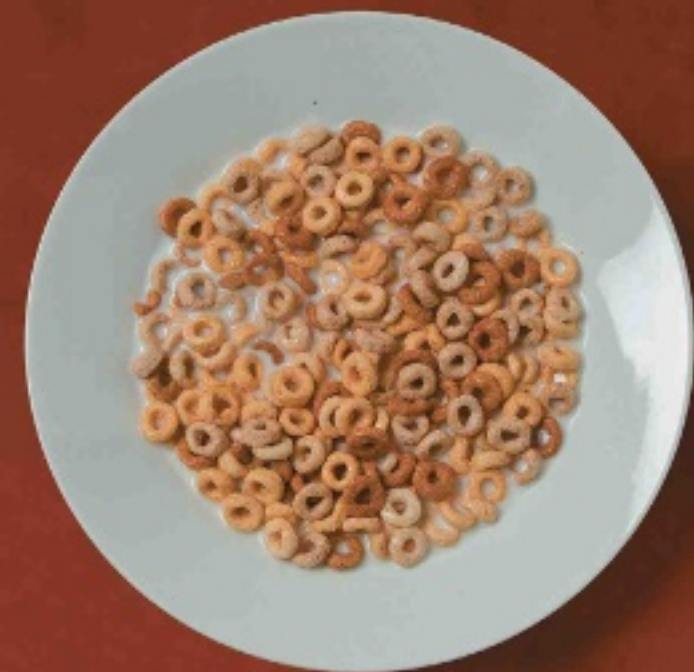
THE ASSOCIATED PRESS

Remains from 9-11 in landfill

The Pentagon revealed Tuesday that partial, incinerated remains of some Sept. 11 victims that could not be identified were sent to a landfill.

The remains included some of those killed in 2001 when a terrorist-hijacked airplane struck the Pentagon, killing 184, and another crashed in a field, killing 40.

THE ASSOCIATED PRESS



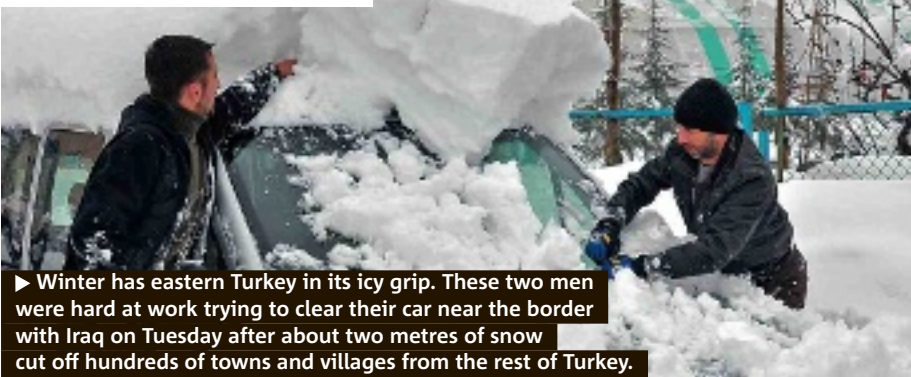
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S'now joke. Towns isolated

THE ASSOCIATED PRESS

Feathers ruffled

► Artist's chicken-slaughter project won't fly, city says

Officials in Kansas have banned an artist from slaughtering chickens in public.

They say Amber Hansen's proposed art project to draw attention to animal slaughter amounts to animal cruelty.

Hansen planned to display coops of chickens at locations across Lawrence, Kan.

The birds later were to be publicly slaughtered by a local farmer and served as a meal.

"By building a relationship with the birds, the project will transform the contemporary view of chickens as merely 'live-stock' to the beautiful and unique creatures they are," she wrote on her project's website.

Assistant city attorney Chad Sublet said Hansen told him she intends to abide by the city's animal cruelty ordinance.

Violating it could lead to a fine of up to \$1,000 and six months in jail.

Even keeping the chickens on private land would require her to meet other city codes on animal care.

THE ASSOCIATED PRESS

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Greece passes new round of cuts

► About 100 uniformed police, coast-guard and fire-service unionists protest slashed pay outside Parliament

Greece's Parliament late on Tuesday approved new cuts in public-sector pensions and government spending required to secure a second package of international rescue loans.

Lawmakers voted 202-80 in favour of cutbacks worth a total \$4.31 billion and aimed at bringing the 2012 budget back in line with targets. Lawmakers from both parties in Prime Minister Lucas Papademos' coalition, the majority Socialists and the conservatives, backed the legislation.

Earlier, the debt-crippled country's cabinet decided to apply recent labour reforms, including deep cuts to the minimum wage, retroactively to Feb. 14.

Greece is obliged to adopt a series of austerity measures and reforms before it can receive any



► A protesting firefighter holds flares during a demonstration against the Greek government's austerity measures in central Athens on Tuesday.

funds from its new \$174-billion package of rescue loans from other eurozone countries and the International Monetary Fund.

The bailout, and accompanying bond-swap deal

with private creditors, are meant to save the country from a potentially catastrophic default in late March that could drag down other financially vulnerable countries and

threaten the European Union's joint currency, the euro.

The rescue package is Greece's second in less than two years. The country has been surviving

since May 2010 on funds from a first bailout from the eurozone and IMF, and has received \$98 billion from the initially approved \$147-billion package.

The new wave of austerity

measures have sparked widespread anger among a public that has seen its income and living standards drop with no clear end to the crisis in sight.

THE ASSOCIATED PRESS

By the numbers

- The newly approved legislation imposes nearly \$538 million in cuts to already depleted pensions.
- Health and education spending will be reduced by more than \$229 million, subsidies to the state health-care system will be cut by \$673 million, and health-care spending on medicine will fall by \$767 million.
- Furthermore, some \$538 million will be lopped off defence spending.
- The law also revises the 2012 budget, changing the government deficit target

ACTA opponents present massive petition

Activists handed the European Parliament an online petition Tuesday bearing more than two-million names and arguing against ratification of a proposed anti-counterfeiting treaty on the grounds it would destroy Internet freedom.

The petition was presented by representatives of Avaaz, an organization that uses the Internet to mobilize support for various political issues.

"We call on you to stand for a free and open Internet and reject the ratification of the Anti-Counterfeiting Trade Agreement (ACTA), which would destroy it," the petition said.

Proponents argue that ACTA would change nothing in European Union law and would be a means of extending to other countries the kinds of protections against counterfeit



► Avaaz's campaign director Alex Wilks talks to the media as he presents a petition against the Anti-Counterfeiting Trade Agreement to members of the European Parliament in Brussels on Tuesday.

goods and copyright infringement the EU already offers. They argue the treaty would protect European consumers against such dangers as counterfeit drugs and auto parts.

The treaty would also provide a framework for the enforcement of copyright law, protecting writers, composers and performers from having their work distributed without permission.

Countries could have their authorities order an online service provider to disclose identifying information about a subscriber whose account had been allegedly used for trademark or copyright infringement.

Fears that individual Internet users would be targeted prompted protests in several European cities in early February.

THE ASSOCIATED PRESS

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Picture. Screen



► A man walks past an advertisement for Apple's iPad 2 on Tuesday in Shanghai.

EUGENE HOSHIKO/THE ASSOCIATED PRESS

Apple invite continues tablet tease

Apple is inviting reporters to an event next Wednesday in San Francisco. An image on the invite showing part of an iPad screen suggests the company will announce a new model. Unconfirmed reports have speculated a sharper screen and faster cellular broadband options could be part of the next model.

Microsoft to preview Windows 8 software

MARK RIGHTMIRE/THE ASSOCIATED PRESS FILE

Since Microsoft released its Windows operating system in 1985, most of the sequels have been variations on the same theme. Not that it mattered much. Regardless of the software's quality, Microsoft managed to remain at the centre of the personal computing universe.

The stakes are much different as the company puts the finishing touches on Windows 8 — perhaps the most important piece of software the company has designed since co-founder Bill Gates won the contract to build the first operating system for IBM's personal computer in the early 1980s.

A beta version of the revamped operating system



► Windows president Steven Sinofsky

will be unveiled Wednesday in Barcelona, nudging Windows 8 a step closer to its anticipated mass market release in the fall. It's the most extensive look at Windows 8 since Microsoft released an early version of the system to developers five months ago.

THE ASSOCIATED PRESS

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Montreal gas prices spike by 14 cents

Energy industry experts are warning that the 14-cent-per-litre spike in gasoline prices in Montreal on Tuesday is just a taste of the high fuel costs

Canadians can expect in the coming months.

The average pump price in Montreal was \$1.44 a litre, compared with \$1.30 a day earlier, according to price-tracking website Gasbuddy.com. By contrast, the Canadian average only rose a penny to \$1.28. **THE CANADIAN PRESS**

Google policy might violate EU data rules

► Commission also examining whether Google uses its dominance to stop others from entering the EU market

Google's new privacy policy appears to violate the European Union's data-protection rules, France's regulator said Tuesday, just two days before the new guidelines are set to come into force.

Google announced its new privacy policy with much fanfare last month. The rules, which are set to come into force on Thursday, regulate how the web

giant uses the enormous amounts of personal data it collects through its search engine, email and other services.

However, the EU's data-protection authorities are concerned about the privacy effects of the policy and earlier this month asked French regulator CNIL to investigate them.

"Our preliminary analysis shows that Google's new policy does not meet the requirements of the European Directive on Data Protection," CNIL said in a letter to Google chief executive Larry Page.

The agency said Google's explanation of how it will use the data was too vague and diffi-

cult to understand "even for trained privacy professionals"

The new policy makes it easier for Google to combine the data of one person using different services such as the search engine, YouTube or Gmail if she is logged into her Google account. That allows Google to create a broader profile of that user and target advertising based on that person's interests and search history more accurately.

Google argues that combining the data into one profile also makes search results more relevant and allows a user to cross-navigate between different services more easily. **THE ASSOCIATED PRESS**

Market moment

TSX	Dollar	Oil	Natural gas
+ 40.01 (12,740.47)	+ 0.38¢ (100.46¢ US)	- \$2.01 US (\$106.55 US)	\$2.519 US (- 8.4¢ US)
			Gold \$1,788.40 US (+ \$13.50 US)

PRICES AS OF 5 P.M. TUESDAY

Job prospects remain weak: Report

The Conference Board's forward-looking indicator on labour markets suggests job growth will continue to be modest in the upcoming months.

The think tank's help-wanted index for February shows a mixed climate for job seekers. Prospects appear stronger in the West, but weak throughout much of Ontario.

The index is one of the few forward-looking indicators for jobs in Canada.

THE CANADIAN PRESS

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Yahoo warns Facebook of patent lawsuit

Yahoo is threatening to sue Facebook unless the Internet social network agrees to license some of its patents covering a variety of online services.

The demand, issued in a Monday statement, presents Facebook Inc. with a headache as it tries to

complete an initial public offering of stock.

Facebook may be more likely to work out a licensing agreement rather than risk having the spectre of a legal battle dampen investor enthusiasm for its highly anticipated IPO.

THE ASSOCIATED PRESS

First phone hacking, and now horsegate

► Loan of out-of-duty police animal to ex-Murdoch editor 'just a charitable thing,' spokesman insists

British police gave former News of the World tabloid editor Rebekah Brooks a retired police steed to look after, the force confirmed Tuesday — but they insisted it was not a gift horse.

The Metropolitan Police said the 22-year-old horse was loaned to Brooks — former chief executive of Rupert Murdoch's British newspapers — in 2008 upon her request under a program that allows people to care for retired service animals and ride them.

Brooks' spokesman, David Wilson, confirmed that she had been a "foster carer" for the animal and paid for the upkeep of the horse while it was stabled at her rural home.



► Rebekah Brooks

Brooks is married to horse trainer Charlie Brooks and has a country home near Chipping Norton, northwest of London, a posh rural enclave whose residents include Prime Minister David Cameron. Wilson said the couple "share a passion for horses."

The force said when the horse, called Raisa, got too

old it was rehoused with a police officer in 2010. It has since died of natural causes, police said.

Britain's media ethics inquiry is currently looking into claims of crooked relations between the press and police.

Brooks is one of several current and former Murdoch executives who have been arrested and questioned over wrongdoing by the News of the World, whose journalists routinely intercepted the voice mails of people in the public eye in a quest for scoops.

Murdoch closed the paper in July amid public revulsion over the revelations.

THE ASSOCIATED PRESS

Travel deficit down in Q4: StatsCan

Statistics Canada says the country's international travel deficit declined by \$168 million to \$4 billion in the fourth quarter of 2011, due mainly to lower spending by Canadians visiting the United States.

Canadians spent \$8.3 billion outside of the country during the quarter, down 2.4 per cent from the previous quarter.

Spending by foreign visitors declined 0.8 per cent to \$4.3 billion during the fourth quarter.

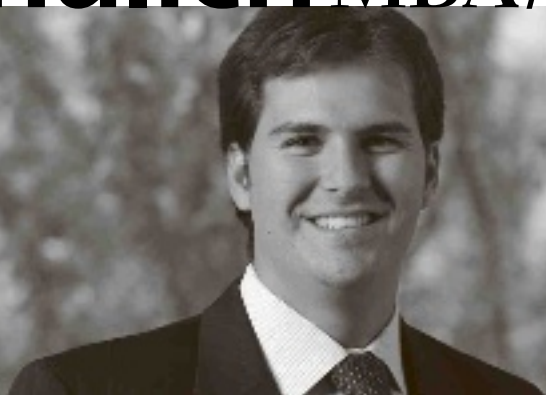
On an annual basis, the international travel deficit, the difference between what Canadians spent outside the country and what foreigners spent here, reached \$15.9 billion in 2011, up \$1.6 billion from 2010.

THE CANADIAN PRESS

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IF YOU HAVE EVER QUESTIONED THE TERM 'DOWNWARD DOG,' READ ON

JUST SAYIN' ...

PAUL SULLIVAN
METRO



It's generally thought that things beginning in "yog" are good for you.

Like "yogurt" and "yoga" and "Yogi" (Berra, Bear, etc.).

But, it turns out, that's not always the case.

Yoga, for example, lost one of its shining stars recently as yogi John Friend, the founder of Anusara yoga — a kind of feel-good, hang-loose variation on the theme — resigned amid accusations that he felt too good and hung too loose.

Friend, the accusations go, wanted to be more than friends with an unusually large number of his female adherents, ran Wiccan covens featuring a variety of sexual activities, kept employees busy scoring marijuana on his behalf, and at one point even froze his employees' pensions.

So much for Mr. Nice Yogi.

The yoga community has been rocked and shocked by this scandal, and more than 50 Anusara teachers have rolled up their mats and left the ashram. But as a number of astute commentators have noticed, this is hardly the first time some guru has stepped out of line.

"They may have to build a new wing onto The Bad Yogi Hall of Shame to shoehorn John Friend in with fellow philanderers ..."

They may have to build a new wing onto The Bad Yogi Hall of Shame to shoehorn John Friend in with fellow philanderers Swami Muktananda, Swami Satchidananda, Swami Amrit Desai and Swami Rama.

The problem may be that yoga (unlike yogurt) is inherently sexy. Hatha yoga, the form most practised around the world, started as a branch of Tantra, which is all about seeking spiritual bliss through sex. The movement to make it safe for a general audience didn't really take hold until the 20th century, so the sex is just under the surface, which should be obvious whenever you find yourself in the "downward dog" pose.

According to a usually reliable source — the New York Times — there is scientific evidence that yoga is inherently sexy. It causes an increase in testosterone (the guru sex hormone), sexy brain waves, and yoga's fast-breathing practice can increase blood flow through the genitals. Like Viagra.

At Rutgers University, researchers have found that yoga can be an effective form of mental masturbation, leading to spontaneous orgasm, or "thinking off." Don't try that with yogurt. (It doesn't work.)

So the real surprise is that there aren't more yoga-based shenanigans. The real surprise, considering the evidence, is that anyone is surprised. Add the power imbalance that often goes with these guru-groupie situations, and you have a surefire recipe for scandal.

Of course, millions of people who practise yoga and eat yogurt aren't looking for kicks. They just want improved flexibility and digestion.

Sex with the guru improves neither.

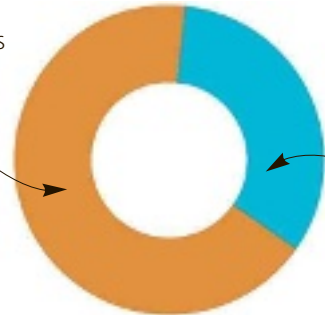
Read more of Paul Sullivan's columns at metronews.ca/justsaying



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Are you excited by the finding of new planets?

67%
YES, THERE'S
SO MUCH
SPACE TO
EXPLORE



33%
NO, IT'S BECOME
RUN-OF-THE-MILL

Local tweets



@R8chy_Rach:

My parents won't shut up about how good my science test mark is and how proud they are about me going to Ottawa U in May...#proudparents

@PuckDucky: Beavertails for dinner in Ottawa tonight!

#whatsbetterhttp://pic.twitter.com/vir3YBto

@_redemption: But seriously I'd never leave Ottawa for the sole reason that I'd miss my Sens too much #dedicated #family

#lifestyle

@rymkrs: Guys, if we'd just fast-track bill #C30, I'm sure @ToewsVic could find out who "Pierre Poutine" really is.

@PTPRpoker: Habs announce that Jean Beliveau has suffered a stroke on Monday night - nothing but positive thoughts for the original #4 - Le Gros Bill

@RamblingDave: Claiming someone else's marriage is against your religion is like being offended by someone eating a donut because you're on a diet. Reddit.

Daily Zoom



London unoccupied

Occupy London camp removed

LONDON. A time for contemplation and reflection? A supporter of anti-capitalist movement Occupy London meditated in the remains of a partially dismantled tent in London on Tuesday morning. After being camped outside St. Paul's Cathedral for more than four months, demonstrators were evicted by police and bailiffs.

● MWN

"The relationships forged during these strange and beautiful four and a half months still have much further to run. This is only the beginning."

STATEMENT FROM WEBSITE OF
OCCUPY THE LONDON STOCK
EXCHANGE

Britain's protests

November 2010: 55,000 students demonstrate over tuition fees.

December 2010: Protesters target state buildings and damage a car carrying Prince Charles.

August 2011: More than 2,800 people are arrested after a protest over a fatal shooting by police prompted rioting.

November 2011: Occupy movement set up.



► Occupy London activist

2
scene

Scene in brief



Little House on the Prairie actress Melissa Gilbert, singer Gladys Knight and NFL player Donald Driver will be among the 12 celebrity contestants on the next season of *Dancing With the Stars*.
THE ASSOCIATED PRESS



Meryl Streep donates \$10K to school on behalf of hometown star Viola Davis

IN FOCUS

RICHARD CROUSE
SCENE@METRONEWS.CA



You may not be aware of this, but we're living in a bissextile year. What does that mean? Well, it means today's date, Feb. 29, didn't exist last year. Or the year before that. In fact, you have to flip the calendar back to 2008 to find the last time February had 29 days.

But how to celebrate the year's extra day? If you are Ja Rule, Antonio Sabato Jr., or Tony Robbins, all leap year babies, you could throw yourself a birthday party, but if not, why not rent or download (legally of course!) a movie about those rare years with 366 days?

The Amy Adams rom-com *Leap Year* is based on an old Irish legend that says that women can propose to men, but only on Feb. 29. She travels to Ireland to ask for her longtime beau's hand, only to get sidetracked in Wales by



► Amy Adams stars opposite Matthew Goode in *Leap Year*, a rom-com about an American who travels to Ireland to propose to her longtime beau on Feb. 29.

a tall handsome stranger played by Matthew Goode.

You can likely guess the rest (and if you can't you need to go to romantic comedy school and learn how this works) but the proposal Amy finally gives is much different than the one she originally intended.

Also on the romantic side is *The Leap Years*, a Chinese film about a

woman who meets her lover once every four years on, you guessed it, Feb. 29.

The main character, Li-Ann, is played by three actresses. Beatrice Chia handles all the narration, Wong Li-lin ushers her through her 20s with Joan Chen playing her in middle age.

Rounding out our look at leap year movies are two films with nothing whatso-

ever to do with romance.

The strange and disturbing *Ano Bisieto* was the first Mexican film to win the Camera D'Or award at the Cannes Film Festival. The story of a lonely woman (Monica del Carmen) who marks off the days on a calendar as she reveals her true self to her lover was called "a blind leap into the void of art-house cinema du extreme,

South of the Border division" by Time Out but is also a deeply felt psychological drama.

On the scary side is *The Curse of February 29*, a Korean horror film about a blood stained bus ticket, a vengeful ghost and a leap year murder.

Leap years at the movies offers something for everyone — love, ennui and even ghosts!



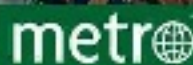
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Portman married in secret to Millepied

► Their jeweller confirms the pair made wedding bands

ALL PHOTOS GETTY IMAGES

THE WORD

MONICA WEYMOUTH
SCENE@METRONEWS.CA

Natalie Portman is married — and didn't invite us

After showing up to the Academy Awards sporting suspicious rings, it seems that Natalie Portman and Benjamin Millepied did, indeed, get married without telling us. Jeweler Jamie Wolf confirms that the

"I designed the rings worn by Benjamin Millepied and Natalie Portman. They were made with recycled platinum and conflict-free diamonds."

JEWELER JAMIE WOLF



► Natalie Portman

couple — who met on the set of *Black Swan* and have a son together — created the wedding bands.

"I designed the rings worn by Benjamin Millepied and Natalie Portman," Wolf told *Us-*

Magazine.com.

"They were made with recycled platinum and conflict-free diamonds."

Their eco-friendly jeweler leaked the news?

This, friends, is what we call a rich people problem.

Becks still after more kids

David and Victoria Beckham may be adjusting to having a fourth child with 7-month-old daughter Harper, but that doesn't mean they're necessarily done procreating.

"We might have one more or two more, you never know," David says, according to *Hollyscoop*.

"We might have one more or two more..."

DAVID BECKHAM

"We're not thinking about it yet, but if it happens, great. We're enjoying the kids as it is. It's always a thought."

And Victoria, who has complained recently about being exhausted from work and having a newborn, is still up for more.

"I'm not against having more children. I feel lucky having the kids I have and I guess I do like being pregnant," she says. "But definitely not just yet." ● METRO

Celebrity tweets



"Turns out I married a man who knows every word to every Neil Diamond song ever. This wasn't mentioned in the courting process."

@missjudygreer

@MissKelly0

"random question what can i do to get rid of puffy eyes from crying? there is no way i am putting hemroid cream on my eyes!"

@RealMattLucas

"You'll chuckle at this. I just took a shower and I actually did at one point drop the soap."

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life

Travel in brief



Organizers of a weeklong celebration of Ontario's burgeoning craft beer industry are hoping to attract visitors from outside the province to partake in the suds-soaked events. Hosted by 29 breweries, the third annual Ontario Craft Beer Week is planning hundreds of beer-themed activities across Ontario. The festival launches on Father's Day, running from June 17 to 23.

THE CANADIAN PRESS



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► Berlin Cathedral

Berlin, Germany

Always on affordable travel lists, Berlin remains high because, this summer, the new Berlin Brandenburg Airport opens — and you may be able to find promotional flights there. After arriving, you'll find yourself in the East Village of New York, circa 1970s: the

punk rockers are actually punk rockers, and the art is bold. By day, take in the history—you can walk along the Berlin Wall, or visit the Berlin Cathedral. By night, relive your techno glory days at places like Berghain/Panorama Bar, one of the best in all of Europe.

4

great getaways

Nashville, Tenn.

Downtown Nashville is walkable (saving you transportation costs) and hotels are usually under \$100 a night. That means you'll have more money to spend on entertainment. This is the place to see the big names (like Willie Nelson) or small ones, at venues such as Mercy Lounge (on hopping Cannery Row). There's usually a festival going on, too.



► Nashville

Paris, France



► Paris

You already want to go. So go in August. The entire place clears out, and you'll find cheaper hotels, empty cafes and

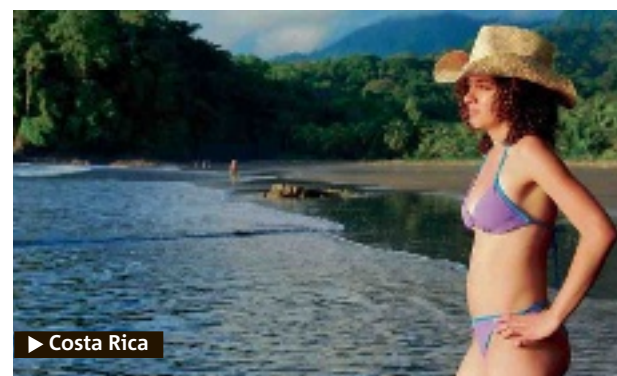
less queueing at museums. According to Woody Allen, walking around at midnight is fun, too.

Costa Rica

Also known as "the holiday Americans take when they cannot afford Hawaii or the Bahamas," Costa Rica offers adventure without risk. Most locals speak English. It's close to the States. And everything from rent-

ing a car to booking a hotel costs far less than neighbouring islands. Yet you still come home with a tan. Check out visitcostarica.com to start planning today.

● SAM CASTONE,
METRO WORLD NEWS



► Costa Rica

Miami's other 'wild' side

► The Travellin' Canadian finds out there's more to Miami than just the night life and beaches

THE TRAVELLIN' CANADIAN

DARREN PARKMAN
TRAVEL@METRONEWS.CA



It turns out there's a little more to Miami than all night parties on south beach and endless days of baking in the sun. During my recent whirlwind jaunt to this sun drenched paradise, I found there is a way to slow the pace just long enough to smell the roses, and avoid those 'Sobe' hangovers. One of the surprising highlights of my visit turned out to be one of those tourist-trap style,

stereotypical boat tours of Biscayne Bay.

It was just after arriving at the Miami Marina, I experienced one the coolest up close wildlife encounters ever. Now, I've been lucky enough to get up close with some strange creatures over the years, from web-toed platypuses in Australia, to giant Orangutans in Borneo, but even they were no more impressive than what greeted me right here in the wilds of downtown Miami, no less.

There they were ... milling around the docks ... a real live pair of giant, endangered and very blubbery Manatees. These gentle giants were just lazily floating on the surface, surrounded by downtown skyscrapers.

It was a bit strange to see them out of their natural

habitat, as tourists flocked around them taking pictures.

My jet boat tour courtesy of Ocean Front adventures turned out to be no less impressive. Dolphins skipped alongside our boat as we passed a strange mix of natural east coast sea life in front of a collection of multimillion dollar mansions.

It was a bit weird to behold all this natural beauty as we roared by the waterfront of palaces of celebrities such as Rosie O'Donnell and Madonna, but hey, that's what Miami is all about.

Back on dry land, I chose gentler Coconut Grove over wild and crazy south beach, and was glad I did. The vibe in the "Grove" is decidedly more mellow and relaxed, with tons of laid back watering holes filled with

Southern fun

► **Do the South Beach strip:** It's an impressive display of trendy art deco bars and hotels, and tons of crazy partiers dancing on tables and paying high drink prices.

► **Visit the Florida keys:** Rent a car and journey down to stunning Key West. Nothing like digging into a piece of Key Lime pie at the southern most tip of the US.

friendly locals. Of course I needed to soak up those suds with some great food, and the funky Peacock Garden Café was just the ticket.

There's nothing like a great steak under the stars in the middle of winter. At the end of it all I felt as content as those blubbery manatees.






► Boat tours are a great way to see the more 'natural' side of Miami.



► Manatees in the 'wilds' of Miami.

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WEDNESDAY, FEBRUARY 29, 2012

Young? Broke?

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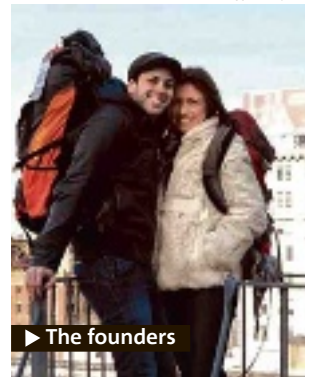
Ever wish you knew which countries are best for cheap volunteer gigs? Or, what is Bunny Chow?

Freddie Pikovsky and his small, but well-travelled team of three other full-time staffers, have set out to answer those questions with the launch of Off Track Planet (OTP), a blog and magazine aimed at young explorers on a budget. The Brooklyn-based publication is now in its fourth print issue, but you can enjoy it online, too. Metro caught up with Pikovsky, co-founder and CEO of OTP, to hear about the trip that inspired it all, why it's easier to hire younger writers and what it means to be young, sexy and broke.

How was OTP born?

Four years ago, I took my first trip abroad. I started in Israel and made my way through Western Europe to Greece, Italy, Spain and the Netherlands. It was life-changing to see how other people lived their lives. I came home to L.A. and I was on a mission to inspire other people to travel the world because I felt it would create positive change to see life through others. I realized there was nothing connecting independent youth travel to an audience, so I decided to come up with something edgy and truthful. I moved to NYC, where I spent my first year living and working at a youth hostel in Brooklyn, then began to develop a team.

What kind of information can



► The founders

travellers expect to find in Off Track Planet?

We do tips and advice, best destinations on a budget — not just destinations for budget travellers, but we will talk about going to expensive places on a budget. We write about the sexiest people from different countries, movies you should see before you travel to a country and how to haggle.



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Bermuda **\$198**

Travel Apr 12 - Apr 19/ws + taxes & fees \$116

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USA

Orlando
Spring Break Family Special
Air + 7 Nights
\$99*

Champions World Resort + taxes & fees \$294

INCLUDES airfare from Montreal and accom near theme parks. Price per person based on family of 4. Departs Mar 17/ggv/ts. **UPGRADE** to 4-star Wyndham Orlando Resort for \$9 per night. **ADD** 5-day Walt Disney World Resort Magic Your Way Base Ticket for \$277/adult, \$256/child (ages 3-9).

Fort Lauderdale Family Special
Air + 7 Nights **\$199***

Lauderdale Beachside + taxes & fees \$302

INCLUDES airfare from Montreal and beachfront accom in Lauderdale-By-The-Sea. Price per person based on family of 4. Departs Apr 16/vat/ts.

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ETICO

Pasta: The next generation

► Put aside granny's traditional meatballs and sauce and try this unique take on a favourite comfort dish ► The caramelized onions in this pasta are slow cooked to intensify the flavour

A common complaint about slow cooker recipes is that too many of them require either too much planning or too much prepping (and sometimes cooking) of ingredients before they go into the cooker. Busy people want recipes that let them dump stuff in, then walk away and forget about it until dinner.

That's where this simple, but over-the-top-good recipe comes in. You let the slow cooker perfectly caramelize a whole mess of onions while you are at work for the day. When you come home, you toss those with a few other ingredients and in the time it takes you to boil pasta, you have dinner.

A food processor is the easiest way to slice this volume of onions. And you also could do that the night before, then bag them and toss them in the refrigerator until the next morning so all you have to do is empty them into the slow cooker.

As for the sun-dried tomatoes and arugula, you can improvise according to your family's tastes.

Any vegetables or



MATTHEW MEAD/ THE ASSOCIATED PRESS

Creamy Caramelized Onion Pasta

► This recipe serves eight.

cooked meats can be substituted. Sausage even could be added to the slow cooker in the morning.

Creamy Caramelized Onion Pasta

Using your slow cooker to cook onions will give you a delicious and sweet flavour of caramelized onions, and you can do so many at one

time! Use them for this creamy pasta dish or make them on their own to create other delicious dishes.

Preparation:

1 In a large slow cooker, combine onions and olive oil. Stir well to coat, then cover and cook on High for 6 to 8 hours or until well

browned and caramelized.

2 In large pot of boiling salted water, cook pasta for about 9 minutes or until tender but firm. Drain well and return to pot. Add onions, creme fraiche, arugula and sun-dried tomatoes. Stir over medium heat for about 2

Ingredients:

- 1.5 kg (3 lb) onions, thinly sliced
- 30 ml (2 tbsp) olive oil
- 500 g (1 lb) fettuccine pasta
- 1 tub (250 g/8 oz) creme fraiche
- 1 container (142 g/5 oz) baby arugula
- 250 ml (1 cup) thinly sliced sun-dried tomatoes
- Salt and ground black pepper

minutes or until arugula just begins to wilt. Season with salt and pepper to taste. **THE ASSOCIATED PRESS/ ADAPTED BY EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE VISIT, EMILYRICHARDSCOOK.CA)**

Drink of the week

Orange Pear Refresher

This drink will cool your palate and leave a citrus flavour.

- 3 tbsp (45 mL) fresh lemon juice
- 2 tbsp (30 mL) simple syrup
- 3 tbsp (45 mL) pear-infused vodka
- 1/2 cup (125 mL) sparkling orange beverage

Fill tall glass with ice and pour in lemon juice, vodka and simple syrup. Top with orange beverage and serve. Garnish with lemon wedge and fresh mint.

SAN PELLEGRINO ARANCIATA



► Get creative with your pasta by using ghee, a form of clarified butter

MATTHEW MEAD/ THE ASSOCIATED PRESS

Sage, Asparagus, Walnut Ravioli



► This recipe serves four.

This recipe uses ghee, butter that was heated until the milk solids separated from the liquid. Then it was heated some more, until the liquid evaporated and the solids began to brown.

The result is a thick yel-

low-brown paste with a nutty and intensely — are you ready? — buttery flavour. But it's true; this is butter on steroids.

The asparagus and walnuts pair perfectly with the sage and ghee in this

recipe, but don't hesitate to mix it up.

Almonds and cauliflower florets would be great, as would lightly chopped pistachios and baby bella mushrooms.

Preparation:

1 Bring saucepan of salted water to a boil. Add ravioli and cook according to package directions, then drain and set aside.

2 In skillet over medium-high heat, melt ghee. Add red pepper flakes and sage leaves, then fry until the sage is crisp.

3 Remove the sage from the pan and set aside. Return the pan to the heat and add the asparagus. Sauté until just tender, 4 to 5 minutes.

4 Add walnuts, toss well, then add drained ravioli and toss again. Crumble fried sage leaves into dish; season with salt and pepper. **THE ASSOCIATED PRESS/ ADAPTED BY EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE VISIT, EMILYRICHARDSCOOK.CA)**

Ingredients:

- 284-gram (10-ounce) package fresh cheese ravioli
- 45 ml (3 tbsp) ghee
- Pinch red pepper flakes
- 5 large fresh sage leaves (left whole)
- 1 bunch asparagus, bottoms trimmed, cut into 5-cm (2-inch) lengths
- 75 ml (1/3 cup) toasted walnuts, lightly chopped
- Salt and ground black pepper, to taste

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Ontario



When the chief has changed

► You've settled into your role at work when suddenly there's a switch in management ► Here's how to start over



**CHELSEA
NEWTON**
TALENTEGG.CA

Many students and recent grads look to their managers to set the tone for their current and future working relationships.

There is comfort in having worked for a manager for a period of time — they know the way you think, they trust in your abilities, and they know the best way to coach you.

So how do you start all over again when you get a new manager?

It's a scary time, but also a great opportunity to grow your skills and be challenged by a new perspective.

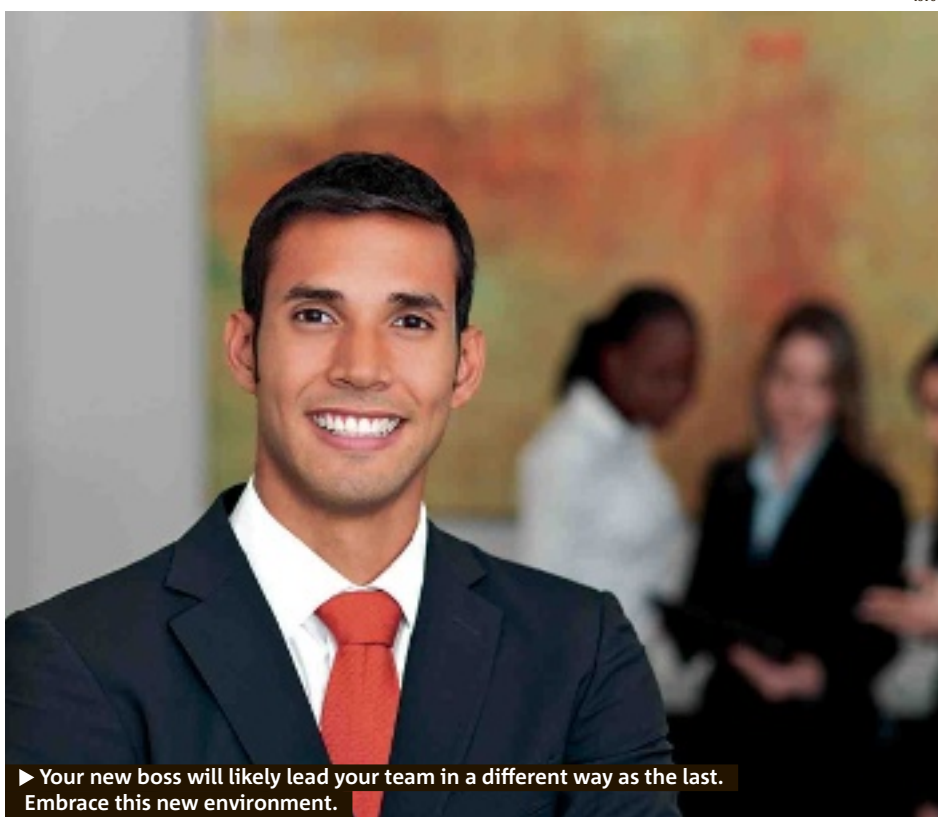
It's very important for student and entry-level employees to be open,

build credibility, and want the new reporting line to work.

Here are some tips if you have a new manager.

1 Come in open-minded Your new manager is likely to operate differently than the last, so you should seek to understand their perspective. Don't make snap judgments.

2 Ask questions This is tied to not making quick decisions or judgments. Ask questions to seek understanding about changes your new manager is making if they aren't giving you the rationale or background.



► Your new boss will likely lead your team in a different way as the last. Embrace this new environment.

3 Deliver results Delivering results with a great attitude is the best way to build your personal credibility with a new manager.

4 Be open and transparent Open conversation and

transparency will work well on both sides to create a strong working relationship right from the get-go. Good luck!

CHELSEA NEWTON IS THE DIRECTOR OF TALENT ACQUISITION AT MOSAIC SALES SOLUTIONS. HER EXPERTISE IS IN HIRING YOUNG ADULTS AND

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Talking through the transition

If possible, speak with your current manager about the transition they are completing with your new manager before it takes place.

If you had an open relationship with your previous manager, you can help shape this discussion by highlighting key things that really work in your current relationship.

If your current manager is unable to have a transition with your new manager, take matters into your own hands. Put together a "get to know me" email with your job description, org chart of your team (if applicable), previous performance review, and current targets and goals. Book a meeting with your new manager to get to know each other, walk through your current work load and review your goals.

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Cook up a career in the kitchen

MEREDITH ENGEL
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METRO WORLD NEWS IN NEW YORK

At the annual benefit for the Careers through Culinary Arts Program — a nonprofit that works with underprivileged high school students to get them ready for college and careers in the restaurant world — a number of distinguished chefs in attendance gave us their best words of wisdom for the next generation of kitchen superstars.

Read on for their cooking counsel.

1

"Just make sure you want to do it, because it's definitely a difficult profession. Ten years ago there wasn't Top Chef and all that — it's out there a lot more, it's more of this glamorous thing. Your first five years, you're gonna be a grunt peeling potatoes and onions — and it's not as glamorous as you see. It's something that you really have to love if you're gonna get into the field."

JOSEPH FORTUNATO,
EXTRA VIRGIN



► Pursue your passion for cooking with fiery enthusiasm.

2

"Learn your fundamentals. That's why an organization like C-CAP is so important — because these kids are given the fundamentals. From there, you could expand. Your expertise gives you the ability to really blossom."

MICHAEL MCCARTY,
MICHAEL'S

3

"Find yourself a job while you're going to school, and work in the environment. Or, before you go to school, get a job in the food industry — even if you have to be a runner — and see what it's all about. It's expensive to go to school, and it's a commitment."

SARABETH LEVINE,
SARABETH'S

4

"Continue to learn and continue to look at those who are next to you and around you for any new and different ways to do things. There is always more than one way to crack an egg. Never think that what you know is the end-all, be-all of anything."

CLIFFORD CROOKS,
BLT STEAK

5

"Work hard and be really passionate. I think you should always aspire high and try to do your best. And if you're passionate and you work with a chef or sous chef that really cares about you, it can never be wrong. Today we have such a diverse restaurant scene — it's absolutely an amazing time to be a young, up-and-coming cook. This is the one field that you're always gonna be employed [in]."

MARCUS SAMUELSSON,
RED ROOSTER HARLEM

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Laughter at work can go a long way

► Your office chums could use a good chuckle ► Here's how to become a cubicle comedian without taking it too far



TIFFANY KANG
LIFE@METRONEWS.CA
MWN IN PHILADELPHIA

As you craft your resumé, consider adding some comedy to the skills inventory. A recent national survey from Accountemps staffing service reports the majority of CFOs value an employee's sense of humour for fitting into the company's corporate culture. "All work, no play can really erode having the levity. Building rapport among colleagues reduces stress and tension," says career expert Christine Endres.

In today's rocky job economy, a little humour can go a long way. But when do jokes lose the laughs? Endres shares four tips for exercising workplace-appropriate hu-



► When it comes to playing around in at work, it's best if the joke is on you.

mour:

Don't play favourites

"Never make anyone specifically the person of target within a joke. Poke fun at yourself if you single someone out."

Check your tone

"Steer clear of any heavy-handed sarcasm, because it can be viewed as a subtle way of insulting someone. Workplace humour

should be low-key or even understated."

Actively participate

"Even if you're not necessarily the funniest person, keep the mood light by be-

ing receptive to other people's humour — laugh with the group."

Keep the pranks in the closet

"To still be taken seriously, don't clown around too

much. You don't want to be the stand-up comic, by any means, so practical jokes are always a bad idea."

Troubleshooting

"If you've accidentally offended your co-worker, a sincere, in-person apology can go a long way." Be mindful not to cross that boundary again."

A time and a place

Despite the benefits of occasional workplace hoopla, Endres notes the difference between a cubicle community and an interview room. Before you get the company thumbs-up: "Be mindful during the actual job interview. You don't have to crack jokes. You don't need to be a comedian. Be natural in ways that let your personality shine through."

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LOVE, LABOUR, LOSS

► An office affair ends in dismissal for senior manager

WORKPLACE LAW

DANIEL LUBLIN

DAN@CANADAEMPLOYMENTLAWYER.COM
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Bryan Reichard, a senior manager at Kuntz Electrolating Inc., in Kitchener, Ont., was a model employee for nearly 25 years, until he laid eyes on Ms. Thompson, one of the administrative assistants who he would eventually date as part of an extra-marital affair. It was a fatal attraction that later cost him his job.

Initially, Reichard's relationship with Thompson was not a significant workplace concern until Kuntz instituted a policy on dating colleagues at work. Un-

der the policy, as a manager, Reichard had to report his relationship to the company to ensure conflicts of interest, such as direct reporting relationships, could be avoided. However, Reichard's relationship with Thompson predated the policy so he decided he would not say a word.

When a position later became available in the department Reichard managed, he ensured that Thompson obtained the job, over two other candidates. Unhappy with the perceived favouritism, staff began to complain and when rumours spread around work, Reichard was finally asked whether he was romantically involved with Thompson. He lied and denied it. However, after Thompson later gave birth to Reichard's son, he could no longer keep silent, confiding in another em-

ployee who shared the news with one of the company's owners. Reichard was suspended from work and commanded to stay off the property while Kuntz decided how to handle the problem. However, when Kuntz learned that Reichard had snuck back into his office, against orders, he was fired for misconduct, without severance pay.

At a recent trial, Reichard argued that his punishment did not fit the crime. According to Reichard, his long and unblemished career meant he was entitled to a warning first, before being fired. However, the judge disagreed and in dismissing Reichard's case, noted that his repeated lies justified his own demise.

DANIEL A. LUBLIN IS AN EMPLOYMENT LAWYER WITH WHITTEN & LUBLIN. TO READ THIS ARTICLE IN ITS ENTIRETY VISIT METRONEWS.CA



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4
sports

Sports in brief



News that hockey great Jean Beliveau was hospitalized following a stroke has prompted an outpouring of affection and get-well wishes for the legendary centreman, beloved as much for his gracious personality as his graceful skating.

Even the prime minister wished Bellevue well.

"Mr. Beliveau is a great Canadian and a remarkable ambassador for our national sport," Stephen Harper said in an emailed statement.

THE CANADIAN PRESS



► Senators goalie Robin Lehner makes a save during the third period on Tuesday night.

Lehner blanks Bruins for his first shutout

▶ Twenty-year-old goalie was playing in just his 11th NHL game

Robin Lehner stopped 32 shots for his first career shutout and Erik Karlsson scored the lone goal, lifting surging Ottawa to a 1-0 win over Boston on Tuesday night.

It was the Senators' first victory in five games against the Bruins this season.

With the win, the Senators moved one point behind the Northeast Division-leading Bruins, who have played four fewer games than Ottawa. Ottawa won for the sixth time in seven games and sent the Bruins to their fourth loss



in six.

The 20-year old Lehner, playing in just his 11th NHL game, benefited from some strong defensive play in

front of him. His teammates blocked 10 shots in the opening two periods and limited most of Boston's shots to beyond the faceoff circles.

Lehner started because regular goaltender Craig Anderson is sidelined indefinitely after cutting his hand last week in a kitchen accident.

Tim Thomas made 37 saves for the Bruins, but lost to a divisional opponent for just the second time in 14 games this season.

The Bruins had a power play late in the game when defenceman Sergei Gon-

char hooked Zdeno Chara with 2:09 to play. But they had trouble getting set up even after pulling Thomas for an extra skater with just over a minute left.

Ottawa grabbed the lead on Karlsson's blast from the point 14:44 into the opening period. With Tyler Seguin off for interference, Karlsson shifted from the right point to the middle of the zone before unloading a rising shot that beat Thomas over his left shoulder. Jason Spezza extended his points streak to 10 games with an assist.

THE CANADIAN PRESS

Nash stuck in awkward situation

Rick Nash had difficulty sleeping on Monday night, after it became known that he had asked the Columbus Blue Jackets to trade him.

After spending nine seasons as the face of a losing franchise, Nash is now uncertain of the reaction from fans who now might see him as just another opportunist.

"I'm not too sure what to expect," he said Tuesday after it was revealed he had asked to be dealt. "They've been patient with this organization and with this team. No matter what the reception is I'll always have a soft spot in my heart for our fans."

General manager Scott Howson first mentioned Nash's trade request on Monday, shortly after he failed to trade his captain.

Nash's best friend on the Blue Jackets, defenceman Aaron Johnson, said the situation isn't irreconcilable.

"The answer of the day is, if we win hockey games, everyone's going to be happy," Johnson said. "If we have a winning team, he's not going to want to leave."

THE ASSOCIATED PRESS



"I've been with these fans my whole career. I love them no matter what."

RICK NASH



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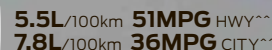
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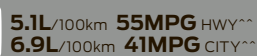
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[illegible]

Motor and battery

The 107-kilowatt (143-horsepower) motor directs its 184 pound-feet of torque to the front wheels for a maximum 134 km/h through a single-speed transmission.

The lithium-ion battery pack is located beneath and behind the rear seat that, due to its bulk, cuts down on the hatchback's available stowage space while adding significant heft.

Cabin

The cabin features considerable advanced technology. There's a special version of the MyFord Touch information system that includes battery-charging state, expected remaining range and how much energy is being consumed by the vehicle's accessories.

There's more. At the end of every trip, the display screen shows total distance driven and the additional distance gained through regenerative braking. Put simply, when you brake, the battery pack is being charged.

Range

To maintain the battery pack at its optimum operating temperature, Ford uses a liquid heating and cooling system to help the car deliver on its 160-kilometre-range claim — maximum range, not average — but that will still require a light touch of the pedal and avoiding excessive use of electrical accessories such as the climate control.

And who knows what kind of range you'll get in a good old-fashioned Canadian winter.

BASE PRICE:
\$42,700



► There's no explanation why the battery pack is in the back and the charge port is at the front, other than it's close to the driver's door and in plain sight.

Focusing on an electric

MALCOLM GUNN
DRIVE@METRONEWS.CA
WHEELBASE MEDIA

Trading fossil-fuel fill-ups for electrical current flowing from a charging station is still a new idea, but Ford is providing a way for you to get in on the ground floor.

Unlike the Chevrolet Volt, Nissan Leaf and Mitsubishi iMiEV that are all proprietary designs, Ford developed the new Focus Electric using the existing Focus platform and body, although a distinctive nose and a charging port door on the driver's-side front fender are dead giveaways as to the car's unique propulsion. And it's that system — moreover, the way it charges — that makes the Focus Electric unique.

Ford claims that a full charge will require three to four hours, or about half the time required by the benchmark Nissan Leaf.

This is due to circuitry designed for higher throughput as opposed to significant differences in battery design. Three hours is a relatively short amount of time that also requires a 240-volt charging station. Otherwise, you can count on a lengthy 18-20 hours from a standard 120-volt outlet using a cord that's included, which is clearly not the way to go for busy or impatient people. A quick calculation puts the cost of driving 100 kilometres at about \$2. That's about half of what even the best hybrid can do and there's no tailpipe emissions at all with the Focus Electric.



► Batteries are heavy. The Focus Electric weighs about 300 kilograms more than a regular Focus.



► The dash's well-woven combination of chunky bits sets the tone for the interior. It's detail that you would be hard pressed to find in a luxury car 10 years ago.

Focus Electric



What you should know about the 2012 Ford Focus Electric:

- **Type:** Four-door, front-wheel-drive compact hatchback.
- **Engine (hp):** 107-kilowatt electric (143).
- **Transmission:** Single speed.
- **Market position:** Joins a handful of similarly powered models. Like any niche vehicle, electrics are not for everyone, nor are they intended to be. City dwellers with short runs and easy access to power supplies are best suited.
- **Mileage:** L/100 km equivalent (city/hwy) N/A.

5 drive

By comparison

Nissan Leaf

Base price: \$40,400
Roomy hatchback gets high marks for functionality, if not for elegance.



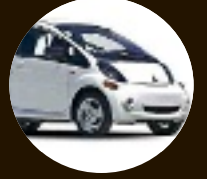
Chevrolet Volt

Base price: \$43,000
Backup gasoline generator makes this electric the most practical.



Mitsubishi iMiEV

Base price: \$34,700
Small, good range, OK top speed and the cheapest big-name electric.



WHEELBASE MEDIA



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THERE'S THE GARAGE... WHERE'S THE CAR?

AUTO PILOT



MIKE GOETZ
DRIVE
@METRONEWS.CA

We're used to vehicles being persona non grata at certain venues, like pedestrian parks, islands, nature reserves, etc. But actual garages?

Yes, that's right. More and more homeowners are opting to make their garages a car-free zone.

Jordan Oliveira of Canadian Tire broke the news to me this past week. Oliveira is Canadian Tire's point man for storage solutions, and noted that the company has been aware of this trend for a while, and has increasingly been introducing more storage and "man cave" products to Canadian Tire's garage-orientated line-up.

He said that high housing prices, combined with many baby boomers downsizing their abodes, have conspired to make useable floor space harder to come by in most homes, and more at a premium.

Too premium, I guess,

for something like a 1994 Dodge Cavalier. Let it sleep in the rain and the snow. I need to store my collection of Star Wars memorabilia.

And when the guys come around, they find it more comfortable and relaxing in the garage, than the pretty, front "sitting" room — the one with all those small, accent pillows.

I kind of did a double take when Jordan first mentioned the car banishment trend, but really

High housing prices, combined with many baby boomers downsizing their abodes, have conspired to make useable floor space harder to come by in most homes, and more at a premium.

shouldn't have even batted an eye.

For one thing, the last

time I was in my neighbour Tony's garage, I did notice a distinct lack of Acura MDX,

and a distinct abundance of other things, like drum kit, bass guitar and amplifier, small fridge, dart board, stools and one old sofa, iPod dock with four large speakers, and a fake fish aquarium (the kind you plug in to make the background go around and around, while the fish stay fixed forever in time and space).

I guess just repeating the reality in my head — No cars! In the garage! — was

too paradoxical for my brain to handle at that particular moment.

I greatly enjoy my time in Tony's garage, so I'm not suggesting we reverse this trend, only that we never forget the car's pioneering role in the creation of the garage.

More cars are parked out in the cold now, but they're entirely the reason why we now have a cool space at our disposal, that is accent-pillow free.



► Does your garage actually have a vehicle in it? Or is it a man cave?

Lexus tops dependability survey

Lexus is the top performer in a survey of vehicle dependability released in the U.S. recently, but most other brands also showed improvement in an industry that has reached historically high dependability levels.

Consulting firm J.D. Power and Associates polled 31,000 owners of 2009 model-year vehicles and rated brands by the number of problems owners have experienced in the last 12 months. Problems can range from stalling engines and transmission issues to peeling paint and electronics glitches.

The top complaint in this year's survey was excessive wind noise, followed by noisy brakes.

Lexus owners reported 86 problems per 100 vehicles. Porsche, Cadillac, Toyota and Scion rounded out the top five.

The worst performers were Chrysler, Dodge, Jeep, Ram and Jaguar. Chrysler owners reported 192 problems per 100 vehicles.

The industry average was 132 problems per 100 vehicles, a 13 per cent improvement from last year and the highest rate since the survey began in 1990.

The results are particu-

larly surprising since the industry was in turmoil in 2009.

Both General Motors Co. and Chrysler Group LLC went through bankruptcy that year, and U.S. auto sales fell to a 30-year low because of the recession.

"Despite facing immense challenges in 2009, automakers placed a keen focus on delivering outstanding levels of quality, which they understood would be essential to their long-term success," J.D. Power automotive vice-president David Sargent said in a statement.

THE ASSOCIATED PRESS



► Lexus recently got a huge pat on the back from a poll by consulting firm J.D. Power and Associates.

LYNNE SLADKY/THE ASSOCIATED PRESS FILE PHOTO

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*Ratings of "Good" are the highest rating awarded for 40-mph frontal offset, 31-mph side-impact and 20-mph rear-impact crash tests conducted by the Insurance Institute for Highway Safety (IIHS) (www.iihs.org). A "Good" rating obtained in all three crash tests plus a "Good" rating in new roof strength testing and the availability of Electronic Stability Control (ESC) (Vehicle Dynamics Control) achieves a 2012 Top Safety Pick. *Based on ALG's 2011 Residual Value Award for Best Mainstream Brand. †It is possible to travel up to 1,000 km on one tank of fuel based on manufacturer-estimated fuel economy of 5.5L/100 km (highway) for a 2012 Subaru Impreza equipped with continuously variable automatic transmission and a 55L fuel tank capacity. Actual fuel consumption will vary based on driving conditions, driver habits and vehicle load. ‡Comparison based upon Natural Resources Canada's estimated highway fuel economy for all 2011 AWD vehicles. *MSRP of \$19,995/\$25,995/\$26,395/\$28,995 on 2012 Impreza 2.0i (CF1 BP)/Forester 2.5X (CJ1 X0)/Legacy 2.5i Convenience Package (CA2 CP)/Outback 2.5i (CD1 CP). Lease for \$249/\$298/\$328/\$375 a month for 24/24/48/48 months with \$2,495/\$2,876/\$2,495/\$2,495 down. 1.9%/0.9%/2.9%/2.9% lease rate. \$3,100.63/\$3,588.28/\$3,190.57/\$3,242.60 due at signing. Option to purchase at end of lease is \$14,086/\$18,258/\$12,263/\$12,836. Advertised pricing consists of MSRP plus charges for Freight/PDI (\$1,595), Air Tax (\$100), Tire Stewardship Levy (\$29.20), OMVIC Fee (\$5), Dealer Admin (\$199). Freight/PDI charge includes a full tank of gas. Taxes, licence, registration and insurance are extra. \$0 security deposit. Models shown: 2012 Forester 2.5X Touring Package (CJ1 TP). MSRP of \$29,095. 2012 Legacy 2.5i (CA1 BP). MSRP of \$23,995. Dealers may sell or lease for less or may have to order or trade. Offers applicable on approved credit at participating dealers only. Lease based on a maximum of 24,000 km per year, with excess charged at \$0.10/km. Leasing and financing programs available through Subaru Financial Services by TCCL. Other lease and finance rates and terms available; down payment or equivalent trade-in may be required. Vehicles shown solely for purposes of illustration, and may not be equipped exactly as shown. Offers available until February 29, 2012. See Subaru Outaouais for complete program details.

Éric Toulouse,
SALES MANAGER

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Lunch date? New app tells your car

► Researchers aim to ease 'anxiety' of driving electric cars

While electric vehicles may hold a promise of a gasoline-free future, they are not without their drawbacks, including the need to schedule their battery recharging. A new smartphone application being developed by researchers at the University of Windsor could take much of the hassle out of that.

Not only does the app monitor the car's battery charge, but it will search out charging stations and even work with your datebook to optimize your driving schedule.

"We wanted to take out some of the driver's anxiety," says Kemal Tepe, an associate professor and director of the university's Wireless Communications and Information Processing Lab.

DRIVING FORCE

JILL McINTOSH
DRIVE@METRONEWS.CA

"We tell you how far you can go with this vehicle in the current state of the charge, but the uniqueness of the application is to match the charging schedule to your calendar."

Using the driver's appointments entered into the smartphone's calendar, and with the battery charge information from the car, the app will map out the destinations, offering the most efficient routes or even suggesting rescheduling appointments around the car's charging requirements.

"This application com-

bines several applications and information and then processes it," Tepe says.

"Let's say you come to work and have an urgent meeting in the afternoon. You enter it into your schedule, which ties it into the smartphone, and the application will grab this information and tell you if it has enough charge to get there, or not enough."

Tepe says the app could be optimized to the electrical grid to identify the least-expensive charging times. While it would prioritize lower-cost electricity, it would also monitor upcoming appointments and, if necessary, start when needed to have the battery charged by the time the driver has to leave.

The app could also reduce the number of times



► Sometimes a busy schedule and an electric car that needs recharging doesn't mix well. But researchers at the University of Windsor want to change that with their smartphone app.

the car is plugged in.

"You have a limited number of charging cycles," Tepe says, adding that it could be up to 2,000 times, "but every time you

charge it, you are counting down."

Even though you may stop for lunch next to a charging station, "the app will tell you that you can

make one day's trips on that charge, so you don't need to waste one of those charging opportunities and it will tell you to skip the charge," he says.

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Used Aveo will appeal mostly on price

SECOND GEAR



JUSTIN PRITCHARD
DRIVE@METRONEWS.CA

The Chevrolet Aveo has been given the axe to clear the way for the new Chevrolet Sonic — meaning the automaker's former entry-level model is now fully into the used vehicle marketplace.

The last generation Aveo was on sale from 2004 to 2011 and available in hatchback or sedan variants. Look for features like folding rear seats, remote access, power accessories and cruise control.

Note that the LS models were more basic, while LT models were more loaded.

2004-11 Chevrolet Aveo/Aveo5



What owners like

Most Aveo owners speak highly about surprising levels of interior roominess, low operating costs, relative fuel efficiency and responsive steering.



What owners dislike

Cheap interior trim, a light or "flimsy" feel, soft suspension, cupholder size and placement, and easily-chipped paint round out the most common complaints.



Common issues

Numerous instances of broken timing belts have been reported by owners online — so be sure the timing belt on the model you're considering isn't overdue for a change.

If it snaps and fails while you're driving, your trip will stop dead in its tracks.

Verdict

Aveo is far from the most reliable compact car in its segment — though relatively inexpensive repairs, cheap operating costs and low resale values will make it an affordable option worth considering for low-mileage drivers.

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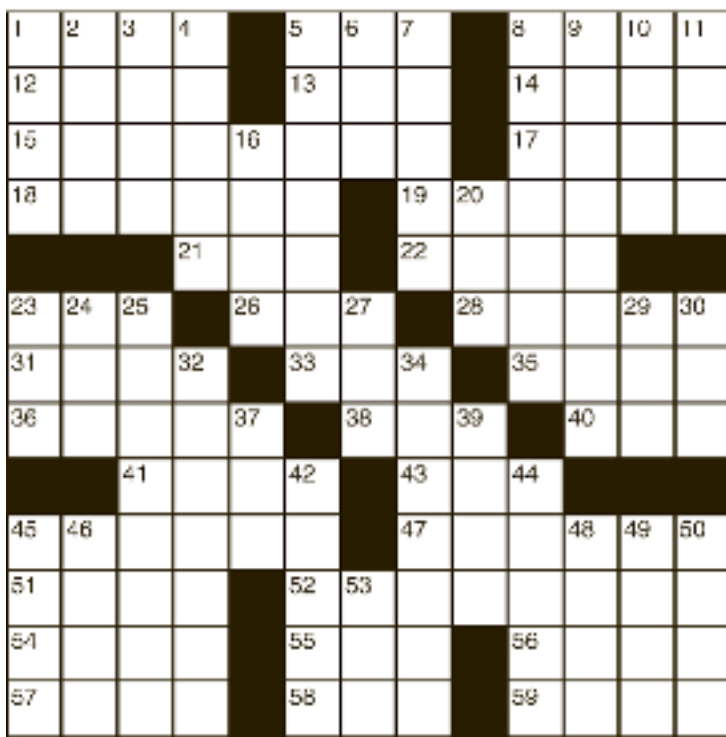
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Crossword

Across

1 Syringe, for short
5 TiVo, for example
8 iPhone downloads
12 Really long time
13 Midafternoon, on a sundial
14 Crooner Jerry
15 Firm adherent to a cause
17 Ontario neighbor
18 Scabbard
19 Stocking holder
21 Apiece
22 Kill
23 Swiss mountain
26 Treasure seeker's aid
28 Spry
31 Water vessel
33 "Golly!"
35 Oklahoma city
36 Hannah Montana
portrayer Miley
38 Pismire
40 Bygone Pontiac
muscle car
41 Walked (on)
43 Stomach
45 Actress Headly
47 Frightened
51 Continental coin
52 Bit
54 Have coming
55 Peculiar
56 Reedy
57 Seeks restitution
58 Pirouette pivot
59 Spud's buds
Down
1 Chance occurrences
2 "Why not?"
3 Sweat outlet
4 Available
5 Symbol of limpness



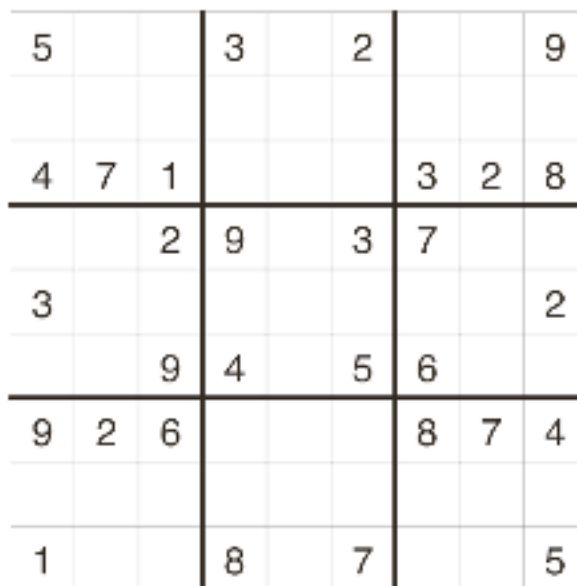
6 By way of
7 "Lord of the —"
8 Par
9 Whooping it up
10 Ballet bend
11 Prognosticator
16 Detail
20 Chicken — king
23 "The View" network
24 Myrna of Hollywood
25 Path-filled garden
27 Shooter ammo
29 Torched
30 Tokyo's old name
32 Strong likes

34 Fencing call
37 Bart, to Homer
39 Clump of grass
42 Station
44 Hackneyed
45 The Bee —
46 Hawaiian feast
48 Needing liniment
49 Nastase of tennis
lore
50 Lairs
53 Fuss

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►



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my everlasting love, prince charming, My sweet darling, Ti amo, Je t'aime, Wo Ai Ni, I love you always, forever and ever. Mi Manchi every day and every night! Sweetheart, take good care of yourself, just a kiss on yr sweet lips my love, you are my everything, you are my destiny... See you always in my dreams tonite and every nite... YOUR ETERNAL LOVE, STRONG N FAITHFUL PRINCESS

boy at the salad bar Hey you! That's right. I don't even know your name but i've been admiring you from a far :(I work in the store across from yours , so please look over sometime and just say hi ! :) GIRL NEXT DOOR

Honeypot To my brand new husband, I love you and I am so happy to be on this wonderful journey with you. Thank you for everything. HONEY BALL

Today's horoscope

♈ Aries March 21-April 20
Today's good news will make you feel a lot better about your financial situation. Always be positive.

♉ Taurus April 21-May 21
What happens today will inspire you to give a project you have been on the verge of ending another go. It can be made to work.

♊ Gemini May 22-June 21
What you see or hear today will remind you that compared to other people, you are quite lucky.

♋ Cancer June 22-July 22
Do you believe in yourself? The only thing that is holding you back, Cancer, is the idiotic idea that you are not good enough. You are.

♌ Leo July 23-Aug. 23
There's no point trying to predict how people are going to act because they are on a completely different wavelength to you.

♍ Virgo Aug. 24-Sept. 22
You seem very positive in your outlook at the moment, which is good, but you still need to back it up with hard work.

♎ Libra Sept. 23-Oct. 23
Good news regarding your money situation will cheer you up, but it's only a short-term development.

♏ Scorpio Oct. 24-Nov. 22
Listen to what friends have to tell you today, even if it isn't what you were hoping to hear.

For today's crossword answers and for expanded horoscopes, visit metronews.ca

♐ Sagittarius Nov. 23-Dec. 21

Do something out of the ordinary today, something even your friends think is outrageous.

♑ Capricorn Dec. 22-Jan. 20
You will see something that everyone else has missed. Act quickly and turn it to your advantage.

♒ Aquarius Jan. 21-Feb. 18
News from afar may not exactly delight you but neither is it the end of the world. Keep things in perspective and look for ways to benefit.

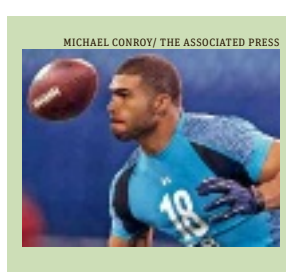
♓ Pisces Feb. 19-March 20
Someone you meet on your travels could become the most important person in your life over the next few months. **SALLY BROMPTON**

Caption contest



"I'm purrrfect for the job"
VANESSA

DAVID SMITH/THE CANADIAN PRESS



MICHAEL CONROY/THE ASSOCIATED PRESS

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